

## TEACHER TRAINING PROGRAM POLICIES

Colorado School of Yoga Teacher Training programs provide an opportunity to deepen your experience and understanding of Yoga. You don't necessarily need to be teaching or even planning to teach in order to participate.

### 200-Hour Program Requirements

A minimum of 2 years of an on-going, vinyasa-based yoga practice, a letter of recommendation from your current teacher, and a strong interest in committing to the further exploration of Yoga. You will need to complete an application prior to acceptance into the program.

### 300-Hour Program Requirements

Successful completion of a 200-hour Teacher Training program, a consistent, current vinyasa-based yoga practice, a minimum of 1 year of teaching since completion of your 200-hour program, a letter of recommendation from your current teacher, and a strong interest in committing to the further exploration of Yoga. You will need to complete an application prior to acceptance into the program.

### Attendance & Make Ups

The requirements of the full Teacher Training program are designed to conform with the Yoga Alliance National Teacher Training Registration Standards. These requirements include 180 contact hours for a 200-hour program and 270 contact hours for a 300-hour program. The Colorado School of Yoga is a registered and approved school of Yoga Alliance. Upon completion of all program requirements, you will receive a CSOY certificate of completion. To meet Yoga Alliance's minimum training standards and CSOY's requirements for completion, you must attend every session in its entirety and complete all assignments associated with this program. This means that you may not arrive late to any session nor attend partial sessions to receive credit towards Yoga Alliance Registration and CSOY certification.

If you miss a session due to injury, illness or other emergency, you may make up the missed session in its entirety in a future session of the same training. It is preferable to not miss partial sessions as making up the exact material missed will be extremely challenging to match. We do not offer private make-up sessions outside of our trainings. The only make up option that is fair to all participants is to make up missed sessions in a future training.

## Refund Policy

The Colorado School of Yoga reserves the right to cancel a program at any time. If CSOY cancels a program, you will receive a full refund, including your deposit. Some programs may have special cancellation policies; see individual workshop descriptions in the event there is one.

If you decide to cancel your registration for any reason 14 or more days before the start date, non-refundable deposits will not be refunded. For any additional payments you have made towards the program, refunds are available (less a \$50 processing fee for workshops and a \$100 processing fee for teacher trainings).

If you decide to cancel your registration for any reason 13 or fewer days before the start date, non-refundable deposits and any additional balance paid will not be refunded. However, you may apply your payments as a credit toward a future CSOY program (less a \$50 processing fee for workshops and a \$100 fee for teacher trainings). Credit may be applied to any CSOY program for one year following date of issue.

No credit or refund is available if you cancel on the arrival day; if you do not show up; or if you leave an event early for any reason. No refund will be available if you attend a program and are dissatisfied with its presentation or content.

By submitting an application or registering for a program, you acknowledge and agree to these policies.

## Online Learning

All online learning sales for live video streaming events and online courses are final. No credit or refund is available. CSOY reserves the right to cancel a program at any time. If CSOY cancels a program, you will receive a full refund.

## Travel Insurance

We highly recommend that you purchase travel insurance, which insures you against unforeseen sickness, injury, job loss, inclement weather, and more.

Email [info@coloradoschoolofyoga.org](mailto:info@coloradoschoolofyoga.org) to request a refund or school credit.